THE HEALTH AND WELL-BEING OF LGBT PEOPLE

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2003: the US Supreme Court in Lawrence v. Texas, 539 U.S. 558, ruled that anti-sodomy laws are unconstitutional (overturning the U.S. Supreme Court’s 1986 Bowers v. Hardwick ruling upholding Georgia’s sodomy statute outlawing oral and anal sex).

2015: the US Supreme Court in Obergefell v. Hodges, 14 U.S. 556, determined that same sex couples have a fundamental right to marry based on the Due Process Clause and the Equal Protection Clause of the Fourteenth Amendment to the U.S. Constitution.
CHANGING ATTITUDES TOWARD SAME-SEX MARRIAGE, 2001-2016

% of U.S. adults who favor/oppose same-sex marriage (2001-2016)

# Changing Attitudes Toward Same-Sex Marriage, 2001-2016, by Generation

<table>
<thead>
<tr>
<th>Year</th>
<th>Silent Generation (1928-45)</th>
<th>Baby Boomers (1946-64)</th>
<th>Generation X (1965-80)</th>
<th>Millennials (1981 or later)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
<td>21%</td>
<td>32%</td>
<td>49%</td>
<td></td>
</tr>
<tr>
<td>2006</td>
<td>20%</td>
<td>34%</td>
<td>42%</td>
<td>51%</td>
</tr>
<tr>
<td>2011</td>
<td>32%</td>
<td>40%</td>
<td>48%</td>
<td>61%</td>
</tr>
<tr>
<td>2016</td>
<td>38%</td>
<td>46%</td>
<td>56%</td>
<td>71%</td>
</tr>
</tbody>
</table>

THE CONSEQUENCES OF THE SOCIETAL STIGMA FOR THE HEALTH OF LGBT PEOPLE

• Elevated rates of mental health problems, including depression, anxiety, and suicidality
• Higher rates of substance use and abuse, including tobacco, alcohol, and drugs
• Higher rates of unprotected sexual activity

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SHIFTING PARADIGMS IN HOW WE THINK ABOUT LGBT PEOPLE’S HEALTH

• Internalized Homophobia
• Stigma and Discrimination
• Violence, Abuse, Trauma, and Victimization
SOCIAL DETERMINANTS OF LESBIAN, GAY, BISEXUAL, & TRANSGENDER (LGBT) HEALTH

CULTURE
Attitudes, Beliefs, Norms

SOCIETY
Social Institutions, Structural Conditions

Discrimination
Overt, Passive

Social Psychological Processes
Internalized Stigma, Self-Identity, Coping

Life Chances
Social, Economic, and Political Opportunities and Constraints

MINORITY STRESS
Acute, Chronic, Cumulative, Proliferation

PHYSICAL AND MENTAL HEALTH OUTCOMES
EMERGING ISSUES

• Gender ≠ Sexuality
• Shifting Social Conceptualizations of Gender
  • Sex
  • Gender Identity
  • “Non-Binary or "Gender Queer”
• Shifting Social Conceptualizations of Sexuality
  • Compulsory Heterosexuality
  • Sexually Fluid / Pansexual / Demisexual